

GBSA Thanksgiving Swim Fest 2011

Warm-up Schedule

Friday evening:

Lane	1	2	3	4	5	6	7	8
4-4:35	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
4:35-4:55	PACE	OPEN	SPRINT	12+U	12+U	SPRINT	OPEN	PACE

Saturday

Saturday Morning (goal of 11 per lane):

Time	1	2	3	4	5	6	7	8
6:30-6:50	GBSA	GBSA	GBSA	GBSA	GBSA	GBSA	GBSA	GBSA
6:50-7:10	EST	EST	EST	EST	EST	MAC	MAC	MAC
7:10-7:30	RAC	RAC	RAC	RAC/FOX	FOX/SMAC	SMAC	AESC	AESC/HOCO/CATY
7:30-7:50	NAAC	NAAC	NAAC/ACA	ACA	ACA	JCC	JCC	MPSC
7:50-7:56	DIVE	DIVE	OPEN	OPEN	OPEN	DIVE	DIVE	OPEN/DIVE

Saturday Afternoon (goal 13.5 per lane):

Time	1	2	3	4	5	6	7	8
1-1:35	RAC	RAC/HOCO	EST	EST/SMAC	SMAC/FOX	MPSC	NAAC	JCC
1:35-2:10	GBSA	GBSA	GBSA	GBSA/BCSC/UN	MAC	MAC	ACA/CATY	CATY/AESC

Sunday

Sunday Morning (goal of 10.5 per lane):

Time	1	2	3	4	5	6	7	8
6:30-6:50	GBSA	GBSA	GBSA	GBSA	GBSA	GBSA	GBSA	GBSA
6:50-7:10	RAC	RAC	RAC	RAC	JCC	JCC/CATY	AESC	AESC/FOX
7:10-7:30	NAAC	NAAC	NAAC	ACA	ACA	SMAC	SMAC	CATY/MPSC
7:30-7:50	EST	EST	EST	EST	EST	MAC	MAC	MAC/HOCO/UN
7:50-7:56	DIVE	DIVE	OPEN	OPEN	OPEN	DIVE	DIVE	OPEN/DIVE

Sunday Afternoon (goal of 13.5):

Time	1	2	3	4	5	6	7	8
12:45-1:20	MAC	MAC/UNAT	RAC	RAC/MPSC	ACA	ACA/JCC	JCC/HOCO	HOCO/FOX
1:20-1:55	GBSA	GBSA	GBSA	GBSA/BCSC	EST	NAAC	SMAC	CATY